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By Sharif

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<https://www.scribd.com/doc/193627127/Mudra-Tantra>

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Mudra - Wikipedia, the free encyclopedia -

This article is about the use of mudra in Indic religion. For mudra as used in Indian classical music, see Mudra (music).

http://en.m.wikipedia.org/wiki/Vitarka_mudra

Mudras And Health | RM.com -

The Story of Mudras And Health roots. Unlocking the Healing Powers in Your Hands LoTuS MuDrA Qigong

<http://www.realmagick.com/mudras-and-health/>

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most are performed with the hands and fingers.[2] A mudra is a Unlocking the Healing Powers in Your Hands: The 18 Mudra System of Healing Hands (Science

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http://www.mynewsletterbuilder.com/tools/published.php?action=view&newsletter_id=1409636740

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HEALING MUDRAS, Yoga for Your Hands guide for unleashing the healing power of hand the Healing Powers in Your Hands: The 18 Mudra System of Qigong.

<http://pdfsr.com/isbn/9780615835723>

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159159586X ISBN-13

<http://www.gettextbooks.com/isbn/9781591595861>

Moses Powell - Wikipedia, the free encyclopedia -

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The 18 Mudra System of Qigong as a master of Jujitsu. References Retrieved
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