

# The Way To Eat: A Six-Step Path To Lifelong Weight Control By David. L. Katz;Maura Harrigan Gonzalez

By David. L. Katz;Maura Harrigan Gonzalez

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Maura Gonzalez is the author of Way to Eat (3.17 avg rating, 6 ratings, 0 reviews, published 2004) and The Way to Eat (3.37 avg rating, Maura Gonzalez  
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