

Primal Nutrition: Paleolithic And Ancestral Diets For Optimal Health By Ron Schmid ND

By Ron Schmid ND

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I found one study regarding gum disease and Paleolithic nutrition and several recent studies Ron Schmid, ND, Part 2, Deeper discussion; Why FCLO and High

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is a former research biochemist and one of the world's leading experts in Paleolithic nutrition. diet. I think if the Ancestral Health Paleo/Primal

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Published Research on The Paleo Diet | Dr. Loren -

Loren Cordain, Ph.D., has years of published research on The Paleo Diet that reinforce the concepts of Paleolithic nutrition and ancestral health.

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