

A Complete Guide To Acupressure By Iona Teegarden

By Iona Teegarden

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<http://www.soundtells.com/Acupressure/>

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<http://www.jinshindo.org/classeswithiona>

Pressure Points & Back Pain | LIVESTRONG.COM -

Jan 27, 2015 Pressure Points & Back Pain; notes Iona Teegarden, Jin Shin Do acupressure practitioner and co-author of A Complete Guide to Acupressure.

<http://www.livestrong.com/article/243924-pressure-points-back-pain/>

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A Complete Guide to Acupressure | Rainforest -

A Complete Guide to Acupressure (9780870408809): Iona with contributions from Iona Teegarden and twelve senior Jin Shin Do teachers throughout the US and

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Definition: Acupressure Training - SelfGrowth.com -

Developed by Iona Marsaa Teegarden, edition of A Complete Guide to Acupressure by Iona Marsaa the topic of Acupressure. The Official Guide to

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<https://www.worldwidehealth.com/event.php?id=841&categoryID=2>

Acupressure Product Catalog | jinshindo.org -

Acupressure Way of Health: Jin Shin Do by Iona Marsaa Teeguarden (160 page book, The Revised Complete Guide to Acupressure by Iona Marsaa Teeguarden,

<http://www.jinshindo.org/products>

Release Acupressure | Jin Shin Do Acupressure, -

She is a speaker and published author Little Women s Guide to Personal Power Originated by psychotherapist Iona Marsaa Teeguarden, JSD Acupressure

<http://releaseacupressure.com/>

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Iona Teagarden is the leader on the subject of Jin Shin Do. I found her stuff when I was a teenager after having taken an introductory class.

<http://www.amazon.in/Complete-Guide-Acupressure-Jin-Shin/dp/4817090073>

Books about Acupressure - Eclectic Energies -

The Joy of Feeling, by Iona Marsaa Teeguarden Bodymind Acupressure. A Complete Guide to Acupressure, by Iona Teeguarden and others Jin Shin Do.

<http://www.eclecticenergies.com/home/books.php?cat=acu>

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